

# South Range 7th-12th Lunch Menu

April 2021

The Nutrition Group  
 Food Service Director: Kaitlyn Pierce,—Kpierce@southrange.org  
 Phone: (330) 549-4070

## The Garden

Fresh Salads & Sandwiches w/ assorted toppings and choices made to order Mon-Fri.

## The Deli

Made to order deli line available daily  
 Choices include: Flavored Wraps, Bread, Deli Meats, Cheese, Hummus, Chicken Salad, Tuna Salad, Egg Salad, and Toppings!

## Grab & Go

The Raider Café will be open  
**Mon.-Thurs. from 2:45-3:30 p.m.**  
 Assorted options available for snack and beverage needs for after school activities!!

Monday	Tuesday	Wednesday	Thursday	Friday
<b>**Breakfast &amp; lunch reimbursable meals are free until June 4th 2021.</b>				
5 <b>Spring Break</b>	6 <b>Spring Break</b>	7 <b>Spring Break</b>	8 <b>Spring Break</b>	9 <b>Spring Break</b>
12 <b>Chicken Tenders w/ Bread Slice</b> Seasoned Carrots Apple Slices Choice of Milk	13 <b>Beef &amp; Cheese Nachos</b> Seasoned Black Beans Diced Peas Choice of Milk	14 <b>Buffalo Chicken Dip w/Tortilla Chips</b> Golden Corn Tropical Fruit Salad Choice of Milk	15 <b>Pasta &amp; Meatballs w/ Bread Slice</b> Seasoned Broccoli Applesauce Choice of Milk	16 <b>Boneless Wing Bar w/Dinner Roll</b> Crinkle Fries Diced Peaches Choice of Milk
19 <b>Italian Dunkers w/ Marinara Sauce</b> Seasoned Green Beans Mandarin Oranges Choice of Milk	20 <b>Beef Burrito Bowl w/ Rice</b> Cheesy Refried Beans Pineapple Choice of Milk	21 <b>Spicy or Regular Chicken Sandwich</b> Potato Wedges Cinnamon Applesauce Choice of Milk	22 <b>Pizza Hut Pizza (Cheese or Pepperoni)</b> Baby Carrots Banana Choice of Milk	23 <b>Grilled Cheese Sandwich</b> Seasoned Broccoli Sliced Peaches Choice of Milk
26 <b>Chicken Tenders w/ Bread Slice</b> Sweet Potato Fries Diced Peaches Choice of Milk	27 <b>Soft Chicken &amp; Cheese Taco</b> Seasoned Black Beans Tropical Fruit Salad Choice of Milk	28 <b>French Toast Sticks w/Sausage Patties</b> Tater Tots Fresh Apple Choice of Milk	29 <b>Chicken Parm over Pasta</b> Seasoned Broccoli Diced Pineapple Choice of Milk	30 <b>Chili Cheese Dog</b> Golden Corn Mandarin Oranges Choice of Milk
<u>Second Options:</u> Mini Corn Dog Nuggets	Cheese or Pepperoni Pizza	Cheeseburger	Chicken Strips w/ Bread Slice	Pepperoni & Cheese Bosco Stick

## Accompaniments

Must take at least one 1/2 cup of fruit or vegetable

**\*Vegetable Bar includes:**  
 Broccoli Florets  
 Baby Carrots  
 Dark Leafy Greens  
 Legume Salads  
 Celery & Cucum-ber

**\*Fruits include:**  
 Crisp Apple Sliced  
 Peaches  
 Mixed Fruit  
 Fresh Orange  
 Banana  
 Pineapple Tidbits  
 Diced Peas  
 Applesauce

## Milk

**Milk Choices Offered Daily:**  
 1% white, non-fat white, non-fat flavored

## Proud to manage your food service program

**Lunch Prices: Paid \$2.95  
 Reduced \$ .40  
 Pizza Hut \$3.25**  
**\*All lunches are FREE until 6/4/21**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER  
**MENUS SUBJECT TO CHANGE**